REPORT ON LECTURE & FIELD VISIT Attended on 9 October, 2023 ORGANISED BY Department of Clinical Psychology Himalayan Institute of Medical Sciences

The event of lecture and field visit was organized by Department of Clinical Psychology, Himalayan Institute of Medical Sciences, Swami Rama Himalayan University in which various Departments of Psychology in post graduate Colleges of Dehradun region participated. 10 students of M.A in Psychology, Department of psychology, S.D.M.Govt.P.G.College, Doiwala participated with Dr.Vallari Kukreti, Incharge of the Department, Department of Psychology, S.D.M Govt.P.G.College, Doiwala. The program commenced with a lecture on 'Swami Rama's Teachings on Holistic Approach to Life' was delivered by Dr. Prakash Keshaviah, Director of Dialysis at Himalayan Institute Hospital Trust. The lecture consisted of information regarding healing through the holistic approach to life as suggested by Swami Ram.

Later, all the students were taken for a visit to the department of psychology, Himalayan Institute of Medical Sciences, Swami Rama Himalayan University, where they were able to observe the functioning of the department, process of client management, various clinical tools employed for assessment, books in the library and demonstration of the administration of biofeedback.

The lecture and field visit provided an informative academic exposure to the post graduate students.

(Dr. Vallari Kukreti) Incharge of the Dept. Dept. of Psychology

S.D.M.Govt.P.G.College Doiwala

(Countersigned by the read of the Institution)